

# **Garrett HS Athletics**



## **Student-Athlete Handbook 2018-2019**

**First version submitted for approval on 3-4-18**

**Dear Parent or Guardian, Players, Managers, and Cheerleaders:**

**This packet contains the following:**

- A. Descriptions of required forms for athletic participation at GHS**
- B. Athletic department principles and IHSAA eligibility and other rules**
- C. Athletic department policies and information**
- D. Athletic Code of Conduct**
- E. High school award system information.**

**Violation of these rules or inappropriate behavior at school events could result in removal from a single or multiple events, and could result in permanent removal from attending school functions.**

**Groups which are to be governed by the Student-Athlete Handbook include:**

- a. High School Athletes**
- b. High School Cheerleaders**
- c. High School Managers**

## **A. Required Forms for Athletic Participation at GHS**

There are a variety of forms required to participate in athletics at GHS. Two forms that must be completed via traditional means on paper are:

### **I. IHSAA “Pre-participation Physical Evaluation” form**

Between April 1 and student-athletes first practice in preparation for interschool athletic participation the student shall have a physical examination by, or shall provide certification from, a physician holding an unlimited license to practice medicine who shall clear the student-athlete for athletic participation using the current IHSAA Pre-Participation form, parents or guardians shall give written consent for participation, acknowledge risks and hold harmless the IHSAA and the school for liability.

### **II. DeKalb Health’s “Medical Treatment Consent Form”**

Included with the physical forms available at Garrett HS.

The remaining forms are now online and part of the Athletic Participation Agreement that can be found on the GKB Registration page from the corporation web site. Parents and athletes must complete this agreement online prior to athletic participation at GHS. All student and parent acknowledgments are found on the same web page for electronic recording upon completion. Go to [www.gkb.k12.in.us](http://www.gkb.k12.in.us) and click “Registration” and then “Athletic Participation Form”.

**Online forms via GKB Registration page for athletes are:**

- I. Athletic Code Agreement**
- II. Random Drug Testing Agreement**
- III. Informed Consent**
- IV. Concussion & Sudden Cardiac Arrest forms**

**For Parents:**

- I. Athletic Code Agreement**
- II. Random Drug Testing Agreement**
- III. Informed Consent**
- IV. Permission to Seek Emergency Care**
- V. Insurance Notification and Waiver**
- VI. Medical Expense Liability**
- VII. Concussion & Sudden Cardiac Arrest forms**

## **B. Athletic Department Principles and Important IHSAA By-Laws**

### **DEPARTMENT PRINCIPLES**

Garrett High School Athletics will:

1. Promote the growth of the whole person in our students through athletics with emphasis on scholarship, leadership, community, character, and sportsmanship
2. Help our young people maintain a balance between academics, activities, and social / family life.
3. Achieve athletic excellence with integrity by following the letter and the spirit of the rules.
4. Develop diverse athletes and the collective spirit of our school by encouraging multi-sport athletes who share common training practices and common service projects.
5. Evaluate everything we do by asking: "Is it best for our kids and does it protect the pride and traditions of our school?"
6. Give kids a great experience remembering they are here to compete and have fun.

### **ELIGIBILITY**

To be eligible with the IHSAA, athletes must be able to answer "yes" to each of the following:

1. You will not or have not turned 20 before or on the scheduled date of the IHSAA Sate Finals
2. You are currently enrolled and currently passing 70% of the full credit subjects or the equivalent that a student can take (see below for GHS academic eligibility).
3. You have had a physical examination between April 1 and your first practice each year.
4. You have filed with your principal the Consent and Release Certificate, which has been signed by your parent/s or legal guardian/s.
5. You have not changed schools without a corresponding move by your parent/s or guardian/s.
6. You have not participated in non-school contests in your sport after the designated date for the first authorized contest in that sport.
7. You have never dropped out of school.
8. You have had the required number of practices in your sport before participation in a contest.
9. You enrolled in your school during the first 15 days of the semester.
10. You have never received money or merchandise directly or indirectly for your athletic participation.

### **GHS ACADEMIC ELIGIBILITY**

As previously stated, students must have passed 70% of available courses from the previous term AND must be enrolled in 70% of a full schedule during their current term to be academically eligible through the IHSAA. GHS offers a many avenues for our students to earn credits toward graduation, which

include traditional courses, Interdisciplinary Learning Collaborative (a.k.a. “the Academy”) courses via personalized learning, as well as a variety of credits through the Garrett Learning Center, vocational school, online courses, etc. Academy courses are paced to be complete by the end of the school year; however, students may work at their own pace via learning targets to complete courses. At the end of each term, Academy credits are counted toward IHSAA eligibility based on what fraction of the entire course was completed during that particular term (9 weeks). Complete credits earned through other methods are combined with the fractions of credits earned through the Academy to produce a total for each term. This total must equal at least 2.8 credits for each term (70% of the 4 available credits offered in our block four GHS schedule). For example, if during a term a student earns 2 credits in traditional courses but has not finished whole courses in the Academy, the fractions of the courses completed as evidenced through the learning targets demonstrated must equal at least 0.8 credits.

### **IMPORTANT IHSAA BY-LAWS** (All IHSAA By-Laws can be found at [www.ihsaa.org](http://www.ihsaa.org))

**Minimum Practices** – Each student-athlete must participate in 10 days of practice prior to participation in an IHSAA contest. This requirement is reduced to 5 days if the athlete is transitioning immediately from one sport season to another.

**Moratorium Week** – Each school shall observe a moratorium week starting the Monday of the week, which includes July 4<sup>th</sup>. During this seven-day period, there shall be no contact between athletes and coaches, and no athletic activities, including conditioning, conducted.

**Sunday Practices** - Teams shall not practice on Sundays for any reason. This includes team meetings or social events during the season. This does not include awards ceremonies or other events outside the Sport Season.

**Transfers** - Any athlete (except start-of-the-year Freshman) who transfers to Garrett High School must have a completed Athletic Transfer approved by the IHSAA prior to participation in a contest. (Contact the Athletic Office for details.). Athletic credit (letters) from another school can transfer to GHS. The athlete or parent/guardian needs to contact the Athletic Office for details.

**Other IHSAA Rules** – The IHSAA has established rules dealing with a wide range of areas in regards to high school athletics. These include, but are not limited to: Summer Participation, Open Facility Programs, amateur status, transfers, foreign exchange students, and scheduling events. Violation of these By-laws, attempts to circumvent the IHSAA By-laws, or misleading the athletic department will result in progressive discipline up to and including removal from athletics at Garrett High School.

## **C. ATHLETIC DEPARTMENT POLICIES & INFORMATION**

### **ATHLETIC LEADERSHIP COUNCIL**

The Athletic Leadership Council is made up of 6 - 8 representatives from each class as recommended by coaches. The purpose of the Council is to serve as the student advisory group to the administration of the Athletic Department. Members will meet regularly, make decisions regarding department events, and participate in leadership exercises. Athletes who have served athletic suspensions will not be eligible for the council.

### **ATHLETIC PARTICIPATION OUTSIDE OF GHS & IHSAA INTERSCHOLASTIC SPORTS**

GHS and IHSAA athletics are to be valued above all other athletic events not sponsored by our school.

Club / AAU/ Travel types of teams, are an option chosen by families, never necessary for GHS participation, and should never come before GHS practices or contests. If conflicts arise, regardless of the reason, all GHS athletes must attend their GHS practice or contest to the full satisfaction of their coach. This policy is effective for all in-season IHSAA sports. Off-season and summer workouts can never be made mandatory by coaches; however, the spirit of this policy is still intended to encourage all athletes to value their GHS teammates above other similar groups.

### **CELL PHONE USAGE**

Under no circumstances are cell phones to be used by athletes in the locker rooms. Athletes who must use their phones should step outside first.

### **CONCUSSION POLICY**

With the passing of the new law "Student Athletes: Concussions and Head Injuries" (IC 20-34-7), effective July 1, 2012, all Indiana high schools are required to meet certain criteria to protect student-athletes from concussions. Parents and coaches are to be given concussion information and each to sign the Concussion Acknowledgement Form. Coaches are to receive training in concussion symptoms and treatment. Each school corporation is to develop its own policy regarding how to deal with concussions. GKB has implemented the use of ImPACT, a testing program that measures each athlete's baseline cognitive skills prior to competition. Should an athlete be diagnosed with a concussion, a cognitive test score similar to their baseline test will help the trained doctor to return the athlete to participation. This policy was approved by the GKB Board of Education on July 23, 2012.

### **DRESS**

Athletes should be dressed appropriately for all contests, practices and workouts. Boys must wear shirts at all times and girls cannot wear sports bras uncovered. When in street clothes for a team activity, the athlete needs to abide by the school dress code.

### **DUAL PARTICIPATION**

Participation of student-athletes in two sports during the same season is strongly discouraged. However, a student-athlete may participate in Dual-Sports during the same season if he/she meets the following requirements AS AGREED UPON IN THE DUAL PARTICIPATION FORM TO BE COMPLETED:

1. Both Coaches involved must approve of the Dual Sport Participation.
2. A schedule must be developed prior to the beginning of the contest season that specifically identifies practice and contest attendance and resolves conflicts.
3. The Schedule must be approved by Coaches, Student-Athlete, and the Parent/Guardian.
4. The student-athlete must not quit one sport in favor of the other. If he/she quits one sport he/she must quit both sports.
5. If the student-athlete commits a code violation, the consequences will be served in both sports.
6. The student-athlete must be established already in one sport having earned a major letter already in that sport. The established sport will serve as the primary sport and will be favored when conflicts arise.

### **EQUIPMENT**

Participants should take reasonable care of school owned equipment. Replacement of lost equipment or equipment damaged beyond normal wear and tear, as determined by the Head Coach and Athletic

Director, will be the sole responsibility of the athlete and his/her parent/guardian. Participant should not borrow equipment from others without permission. School owned equipment is not to be worn outside practice or athletic contests unless approved by the Head Coach.

### **HAZING**

Hazing in any shape or form will not be tolerated. Participants in such activities should expect to be disciplined.

### **HOLIDAY & SNOW DAY PRACTICES**

There shall be no practices on Thanksgiving Day, Christmas Day, and after 12 noon on December 24<sup>th</sup> without special circumstances. If a practice is held the morning of December 24<sup>th</sup> attendance shall be optional. When school is not in session due to weather conditions, practices will be scheduled only with permission of the Athletic Director. When students are sent home early from school due to weather conditions, no practices are to be held that day.

### **NCAA CLEARINGHOUSE**

Athletes anticipating playing at NCAA Division I or II level must be registered with the NCAA Clearinghouse. Information can be obtained from the high school counselor or at [ncaaclearinghouse.net](http://ncaaclearinghouse.net)

### **OUT-OF-SCHOOL SUSPENSIONS**

Students who are issued out of school suspensions shall not attend practices or contests during the suspension. Repeated out-of-school suspensions will result in progressive discipline up to and including complete removal from athletic participation.

### **PARENT MEETINGS**

Parents of athletes are asked to attend an athletic department meeting at the beginning of each school year. The meeting will provide parents with necessary information about athletic department procedures and policies. Head coaches of each sport are also asked to hold a meeting at the beginning of each sports season for parents to explain team rules, etc. The fall individual sport parent meetings may occur on the same evening of the department meeting immediately afterward.

The Athletic Department parent meeting will include the following topics:

1. Introduction of Athletic staff
2. GHS Athletic Department philosophy and principles
3. GHS Athletic Code including drug testing program
4. ImPACT testing and concussion policy
5. Transportation policies
6. Athletic eligibility
7. Hazing and other safety issues for athletes
8. Secondary insurance opportunity

Team parent meetings will be held near the beginning of each season and should include the following:

1. Athletic award requirements for that specific sport (lettering policy)
2. Tentative description of practice sessions concerning time, length, etc.
3. Program goals and objectives

4. Coach's expectations of athletes and parents
5. Other items considered important by the coach

### **PHYSICAL EDUCATION CLASS PARTICIPATION BY ATHLETES**

Athletes are expected to participate in all physical education classes and should not use contests as an excuse for non-participation.

### **QUITTING / BEING REMOVED FROM A TEAM**

Athletes quitting or being removed from a team before the official end of the season will not be able to start conditioning for another sport until he/she is released by the head coach or the season is complete. Should a coach believe it necessary to remove a participant from an athletic team, he or she should have a conference with the athletic director before such action is finalized.

### **SCHOOL ATTENDANCE**

**Morning Arrival** - Participants who are not in school by 9:30 a.m. shall not practice or participate in a contest, unless cleared by the Principal or his designee. An exception is made for **Dr.'s** appointments, funerals, and other family emergencies with appropriate documentation and approval of the Principal or his designee. **(This policy is unrelated to GHS attendance policies regarding tardiness or truancy. It exists assuming the student is ill, needs some morning time to recover, and has been excused through the GHS attendance office with the student's parent / guardian. It is the philosophy of the athletic department that a student must be in school for the majority of the school day to practice or play that day. 9:30 is the cutoff time that has been determined.)**

**Leaving School** – If a student-athlete leaves school early for illness, they are not allowed to participate in any athletic contests or practices that day or night.

### **SOCIAL MEDIA**

Student-athletes should be extremely cautious with words and pictures used on their personal social media sites. Everything we do and say is a reflection of our families, teams, school, and community. Student-athletes are often the most visible student representatives of their school and must remember their behavior can cause damage to the school. Social media posts are permanent in the digital world and should never use profanity, vulgarity, or sexual references. Violations of social media expectations could lead to potential suspensions under the GHS Athletic Code of Conduct.

### **SPORTSMANSHIP**

The following rules are to be followed by ALL PLAYERS, MANAGERS, COACHES, and PARENTS. (Reminders of these rules will be placed in all athletic programs and prominently displayed at all athletic venues.):

1. Remember, this is a school athletic event and mistakes will be made. Do not criticize athletes. Encourage them.
2. Always respect opposing players, coaches, and spectators. Never cheer if one is injured.
3. Respect Game officials. Understand they are people, like you, who are doing their best to support our youth.
4. Never use inappropriate language.
5. Encourage those fans around you to model appropriate behavior.
6. Remember, a ticket to a school athletic event is not a license to verbally assault anyone, including officials, coaches, and players from either team.

## **STUDENT HANDBOOK VIOLATIONS**

Disregard or Repeated Violations of the Garrett High School Student Handbook will be considered violations of the Athletic Code and will result in progressive discipline up to and including complete removal from athletic participation.

## **TRANSPORTATION OF ATHLETES**

Only transportation authorized by the Athletic Director shall be used for athletic contests. There can be no student drivers at any time. Athletes must remain under the head coach's supervision until their return to Garrett High School. Exceptions may be made by mutual consent of the coach and parent if the PARENT IS IN ATTENDANCE AT THE CONTEST AND THE ATHLETE WILL BE RETURNING WITH THE PARENT. A written note describing these circumstances must be submitted to the coach or Athletic Director by the parent prior to the trip. The parent must meet the coach face to face at the event when the parent retakes responsibility for the athlete. This mutual consent shall be given only in cases with unusual circumstances. It is the intent that all squad members depart as a team and return to GHS as a team.

## **D. Garrett High School Athletic Code of Conduct**

This code will deter students from making poor decisions while providing an opportunity for rehabilitation and fairly administered consequences if the student violates the code of conduct. ALL STUDENTS PARTICIPATING IN EXTRA-CURRICULAR ATHLETIC ACTIVITIES WILL BE GOVERNED BY THIS CODE.

### **I. Conditions to be considered as Proof/Evidence of a violation:**

- a. The student admits guilt of the violation.
- b. The violation is witnessed by a Garrett-Keyser-Butler Schools employee or representative.
- c. The violation is witnessed by any law enforcement agency or an arrest is made for the violation.

### **II. Student Code Violations**

- a. **Transmission, use or possession of tobacco; Transmission, use or possession of alcohol; Transmission, use or possession of Drugs and/or drug paraphernalia, unless prescribed by a physician to correct an illness.**
- b. **Theft**
- c. **Misdemeanors** may be considered a Code Violation and result in consequences up to and including immediate and permanent removal from participation. The Administration will determine the consequences in consultation with the Athletic Council
- d. **Felonies** will be considered a serious Code Violation and could result in consequences up to and including immediate and permanent removal from participation. The Administration will determine the consequences.

### **III. Corrective Steps to be administered by the Administration**

#### **a. Any violation of the athletic code will result in the following:**

<u>Offense</u>	<u>Consequences</u>
First	25% Suspension
Second	50% Suspension
Third and Subsequent offenses	1 year Suspension

#### **b. Counseling**



It is strongly recommended that students violating athletic code section II.a (alcohol and drug code violations) seek counseling to learn to cope with peer pressure and deal with possible addictions. Any financial obligations associated with such counseling will be the responsibility of the student and/or parent-guardian. However, financial assistance may be available through the drug testing funds and organizations.

**c. Violations not specifically covered in the Athletic Code**

The Garrett High School Administration will determine consequences for possible code violations not specifically addressed in this code of conduct. Violations considered will be those actions which violate the high standards of moral and ethical behavior expected of GHS Athletes.

**d. Additional Clarification and Enforcement**

If a student commits a violation of the Athletic Code while not participating in a sport, consequences will be assessed at the beginning of the next sport in which they choose to participate. In order for the suspension to be validated, the student must complete the sport season in good standing. If a student is suspended for a violation in season, the suspension will be calculated separately for each sport they are participating in.

**e. Adding Sports to serve a Suspension**

An Athlete will be permitted to serve his/her suspension in a sport they have not previously participated with the following requirements:

1. The student-athlete must complete the sport season in good standing.
2. The student-athlete must not become a disruption to the activities of the new team.
3. At any time the student-athlete may be removed from the team if, in the opinion of the head coach or athletic director, the student is not contributing to the team in a positive manner.

**f. Self-Referral**

Athletes who realize they have a drug/alcohol dependency problem may contact the athletic director or counselor for help and support with no suspension taking place. If school personnel or law enforcement learn of a violation prior to self-disclosure, a self-referral will not waive possible suspension. Once a student is selected for testing in the random drug testing pool, self-disclosure cannot waive a suspension. Self-disclosure is a one-time career option. After self-disclosure, any additional violations would remove the student to second offense status. Parents / Guardians or the individual student may disclose for the student. Also, to avoid suspension, a counseling program and any other recommendations mandated by school administration must be accepted and completed by the student / athlete.

**IV. Appeal Process**

- a. Step 1:** A student-athlete and/or parent (guardian) has the right to appeal a suspension. The appeal process will take place with the principal residing. In this hearing, the student/parent will have the opportunity to present any compelling evidence on their behalf. The school's position will be represented by the athletic director or his designee. The principal will notify the student/parent in writing within 48 hours of his findings.
- b. Step 2:** A student-athlete and/or parent (guardian) has the right to appeal the decision of the high school principal. If parents and student wish to appeal to step 2, they must notify the high school principal within 48 hours after they have received written notification of

his findings. Step 2 of the appeal process will take place with an independent hearing officer presiding appointed by the Superintendent (not affiliated with the school) and will follow the same hearing format as outlined in step 1. Attending the appeal hearing will be the student, the family of the student, the athletic director, and/or the principal or his designee. Both parties may present any compelling evidence to reinforce their position on the suspension.

**V. Random Drug Testing (RDT) Program – (The information below is a summary of the GKB Random Drug Testing Program. A detailed policy is available upon request)**

- a. Each student who elects to participate in extra-curricular activities, co-curricular activities, or obtain a driving permit to drive to or from school must sign and return a Student Random Drug Testing Participation Agreement. Parents must also sign this agreement. Once signed the agreement will remain valid until the start of the following school year and will allow for Random Drug Testing as often as weekly. Any student who refuses to sign the agreement will not be allowed to participate in extra-curricular activities and will not be allowed to drive to and from school.
- b. **Type of Test** – GKB has the right to use any test procedure that best balances the issues of cost-effectiveness, accuracy of results, and respect for the privacy of the student.
- c. **Size of Selection** – Garrett High School will test between 10 and 20 students a month.
- d. **Testing Days** – Testing will occur on different days throughout the week and may include weekends.
- e. **Random Selection** – School officials will not have control over the numbers drawn for testing. The process will be completely random.
- f. **First Time Offenses** –
  1. ~~45 day Social & Extra-curricular Suspension~~ – The student will be suspended from all social and extra-curricular activities, including co-curricular activities for 45 days. This includes not attending practices or rehearsals.
  2. 45 day Parking Permit Suspension – If the student has a parking permit, the driving privileges will be suspended for (a) the same 45 day period.
- g. **Alternative First Time (Parking Permit) Consequences** – As an alternative to the above (parking) suspension, first time offenders only, may choose to participate in an approved Drug Education / Counseling Program. If the student accepts this program, the offense will be recorded in the discipline record, but the social, extra-curricular, and driving consequences will be reduced to 10 days and the student will be allowed to attend practices after 5 days. However, the suspension will include at least one event suspension.
- h. **Second Time Offense** – Second time RDT program offenders will have a 90 day Social, Extra-curricular and Driving Suspension.
- i. **Third Time Offense** – Third time RDT program offenders will receive a permanent suspension from all social, extra-curricular, and driving privileges.
- j. **(For student-athletes and co-curricular students: refer to the GHS Athletic Code of Conduct section D, letter III (Corrective steps to be administered by the administration) for all 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> offenses and consequences.)**

## **E. High School Awards System Information**

The requirements to earn a varsity letter are different from sport to sport. The head coach should make all athletes aware of the lettering procedure for their sport prior to the start of the contest season. All athletes must finish in good standing with the team in order to receive post-season awards and varsity letters.

**1. Major Letter Awards** – All recipients of a major letter award must complete the sport in good standing and meet the criteria for each individual sport as determined by the head coach.

**2. Minor Certificate Awards** – An athlete will receive a minor certificate award if he/she does not meet the requirements for a major letter award and has completed the season in good standing.

### **Awards Programs**

Letters, Sports emblems, chevrons, and certificates will be presented to the athletes by their respective coaches at their athletic awards night held at the end of the sport season. Athletes who do not attend the awards program and have not been excused by the head coach shall forfeit their awards. All-conference awards, all-state and district awards, sportsmanship awards and others will be awarded at the athletic department's awards program.

All athletes should attend the Athletic Department's Awards Programs and their respective awards programs for their sport. Athletes who cannot must contact their coach ahead of time to be excused in order to finish the season in good standing with the team and receive awards for participation. Being excused from attendance is at the discretion of the head coach.

### **Awards recommendations**

All major and minor awards must be recommended by the head coach and approved by the athletic director.

### **Major Award Lettering Criteria**

Each individual athletic team will determine its standards for lettering; however, each will begin with the following criteria:

1. Student must have met all academic eligibility and good citizenship criteria as provided for in the Garrett High School Athletic Code Handbook.
2. The athlete must have completed the season in good standing as determined by the coaching staff and athletic department.

### **Managers**

**Major Award** – A manager must attend all practices and contests for that particular sport and must be recommended by the head coach. (Statisticians and Book Keepers are not eligible for Major Awards unless they meet the criteria above.) 1 full point counts toward letter jacket eligibility.

**Minor Award** – A manager, statistician, or Book Keeper that does not meet the criteria listed above may earn a minor certificate with a recommendation of the head coach. One half (1/2) point counts toward letter jacket eligibility.

## **Certificates**

Awards will be given to those students who meet the standards set forth for each individual sport and are recommended by the head coach, athletic director, and principal. Certificates shall be presented to each major and minor letter winner. The certificates will be presented at the athletic awards program held at the end of each sport season.

## **Sport Emblems**

An embroidered emblem, depicting the sport lettered in, shall be awarded to a student- athlete when receiving his/her first major letter in the particular sport.

## **Chevrons**

A chevron shall be awarded to a student for each and every varsity letter earned (major award).

## **Captains' Stars**

A captain's star shall be awarded to an appointed or elected team captain(s). (Maximum of three per sport or 10% of varsity participants, whichever is greater). Recipients must be recommended by the head coach.

## **Letter jackets \***

**\* Beginning fall of 2016, all letter jackets must be purchased from the GHS Athletic Department. Prices each year may vary, but letter jackets earned through participating in GHS athletics will be discounted slightly by the GHS Athletic Department and will come already sewn with numerals and letter G. Athletes are required to follow prescribed procedures for sewing future patches as awarded by GHS athletics and other activities such as band, choir, academic teams, etc.**

**\* New policies will begin with the GHS Class of 2020 (incoming freshmen for 2016-17 school year). Athletes will be eligible to purchase letter jackets through a point system. Athletes earn 1 full point for earning a major letter in a sport and ½ point for earning a minor award in a sport. When athletes earn 1 ½ points in the same sport OR 2 total points in a combination of sports, they are eligible to purchase a letter jacket from GHS. Still, one major letter must have been earned. Students cannot combine minor award points only for their total.**

For 2017 juniors and seniors (old rules): Letter jackets may be purchased by a student-athlete after he/she earns their first major letter. Athletic Department shall furnish the letter and it will be sewn on the jacket at the time of purchase. This letter will be a block "G" for both boys' and girls' jackets. Athletic Jackets for both boys and girls will be the same. Patches must be appropriately sewn to letter jackets as prescribed by the athletic department. Only patches and awards approved by GHS may be worn on letter jackets. Letter jackets are meant to be an honorable and appropriate display of school awards only. High and consistent standards will be maintained for students to continue to receive awards for future placement on their jackets.

## **Honor Ring ("10-letter ring")**

A student will be awarded an honor ring if he/she has earned a minimum of 10 major letters in competitive athletics and cheerleading during his/her career at GHS. Students who have served an

athletic suspension during their careers will not be eligible for an honor ring. The award will be presented at the department's Athletic Awards Program or the Senior Awards night.

### **Sportsmanship Award**

Each team will award one member of their team with a Sportsmanship Award to be awarded at the department's Award's Program. Award-winners will be chosen based on the following definition of sportsmanship: "showing of respect for the rules of the game, teammates, officials, coaches, opposing competitors, and even for yourself as a player or fan. It is an awareness that on the field or on the sideline your actions, attitudes, and behaviors affect everyone else, how they play, and how they enjoy the game."

### **Senior Multi-year award**

This award is presented to any senior athlete or manager who has lettered in a sport for three or four consecutive years. Three-year recipients will receive a silver plaque and four-year recipients will receive a gold plaque. These awards will be presented at the Senior Awards Night at the end of the school year. Athletes must have finished their senior season in good standing with the program to receive silver or gold plaques for their years of service.

### **Four-year Participation Awards**

These awards are presented to senior athletes who have completed four years of commitment to an athletic program. Seniors completing four years in a sport will be given this award at the Athletic Department's Awards Program at the completion of each season.

### **Individual Accomplishment Awards**

These awards are presented to winners of sectional, those who qualify for regional, semi-state and state tournaments in individual sports. Recipients of this award will receive a chenille patch for his/her letter jacket. Only one patch will be awarded per sport season and will be awarded for the highest level of accomplishment.

### **Additional Awards**

The Athletic Department will present individual All-Conference honors as supplied by our conference, the NECC. In addition, those who receive first team honors will receive a patch for his/her jacket. Only one patch will be awarded per sport season. Student-athletes earning other individual or team awards (all-area, second team all-conference, tournament championships, or team non-conference tournament championships) may order chenille patches at a minimal fee from the athletic department. These patches will be ordered three times a year (at the conclusion of each athletic season).

### **Carson Culler Award**

This award is to be determined by the head coaches at the end of each school year to recognize one male and one female athlete. Coaches will vote on the award. All recipients should meet the following criteria:

- Contribute in a positive manner to athletics at GHS

- Participate in interscholastic contests at the varsity or reserve level as a senior.

- Display a positive attitude toward the sport, coaches, opponents, officials, and teammates.

